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Functional Medicine

TWEET GM #08

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Title

Created

A MULTITUDE OF DISEASES ARE LINKED WITH INTESTINAL DYSBIOSIS

Throughout the last quarter of century, I have constantly battled against huge scepticism regarding "**intestinal dysbiosis**". I have been quoting these two words among patients who show exaggerated IgG responses against multiple foods or among patients specifically tested for that goal.

I may also deliver such conclusions according an evaluation of intestinal microbiota (community of microbes in the gut) from the Urinary Organic Metabolites profile (MOU as French acronym). This test may sometimes lead to more precise statements, i.e. "**fungal**" or "**bacterial**" **dysbiosis**.

Explanation for this concept has evolved through the years, starting from pure microbial overgrowths to "decreased microbial diversity", as stated in a mainstream article published on 28th March 2017 (see QUOTE #08).

Article's abstract confirms that "a multitude of diseases (...) are associated with intestinal dysbiosis". PubMed shows 108 articles including two words "**intestinal dysbiosis**" in their title! Will that suffice to stop colleagues' scepticism or even criticism about the concept? I am far from sure, as it appears an average of 17 years are needed to transfer science in practice.