

Substitution with Plant Milks

- **soya** (ALPRO ° PROVAMEL ° ECOMIL °)
- **rice** (RICE DREAM ° REV RIZ LIMA °)
- **almond** (EVERNAT ° VEGEMILK ° VALDIBELLA ° ECOMIL °)
- **hazelnut** (ALPRO ° PACIFIC ° EVERNAT ° VEGEMILK ° ECOMIL °)
- **walnut** (VEGEMILK ° ECOMIL °)
- **chestnut** (VEGEMILK ° ECOMIL °)
- **macadamia** (PROVAMEL °)
- **oat** (OATLY ° OAT DREAM ° LIMA ° MILL MILK °)
- **barley** (ISOLA BIO °)
- **corn** (ISOLA BIO °)
- **quinoa** (ECOMIL °)
- **millet** (ISOLA BIO °)
- **spelt** (SPELT DREAM ° BIOSOPHIA °)
- **kamut** (LA FINESTERA SUL CIELO °)
- **amaranth** (ECOMIL °)
- **buckwheat** (ISOLA BIO °)
- **coconut** (KARA °, GUINEA'S °)
- **hemp seed** (GOOD HEMP °)
- **flax seed** (FLAX DRINK °)
- **teff** (AMANDIN °)
- **cashew nut** (home made)
- **pea** (WHITE SUN °)
- **potato** (DARIFREE °)
- **sesame** (ECOMIL °)