

LIST HARD CHEESES FROM EWE'S MILK

FUNCTIONAL MEDICINE Ltd.

Your health today and tomorrow

Glen Matten MSc &
Georges Mouton
MD

26 January 2015

Ewe's Milk Hard Cheeses

Wensleydale	Yorkshire - UK
Swaledale	Yorkshire - UK
Ribblesdale	Lancashire - UK
Parlick Fell	Lancashire - UK
Duddleswell	Sussex - UK
Lord of the Hundreds	Sussex - UK
Rooks Nest	Sussex - UK
Berkswell	Warwickshire - UK
Spenwood	Berkshire - UK
Wigmore	Berkshire - UK
Redesdale	Northumberland - UK
Croglin	Cumberland - UK
Skirrid	Wales - UK
Acorn	Wales - UK
Little Urn	Worcestershire - UK
Norfolk White Lady	Norfolk - UK
Fosseway Fleece	Somerset - UK
Millstone	Somerset - UK
Tala Ewe	Cornwall - UK
Hobbs Choice	Cornwall - UK
Caer Ewe	Cornwall - UK
Kelmscott	Cornwall - UK
Tamaracott Ewe	Cornwall - UK

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Boyton	Devonshire - UK
Manchego de oveja	Castilla-La Mancha - Spain
Monte Enebro	Castilla-La Mancha - Spain
Flor d'Esgueva	Castilla-La Mancha - Spain
García Vaquero	Castilla-La Mancha - Spain
Zamorano	Castilla y León - Spain
Pata de Mulo (Villalón)	Castilla y León - Spain
Queso de la Bureba (Burgos)	Castilla y León - Spain
Boffard	Castilla y León - Spain
Queso Manteca El Toboso	Castilla y León - Spain
Fundador	Castilla y León - Spain
Idiazábal	País Vasco - Spain
Gaztazarra	País Vasco - Spain
Etxegarate	País Vasco - Spain
Roncal	Navarra - Spain
Quesucos	Asturias - Spain
Los Pedroches	Andalucía - Spain
Grazalema	Andalucía - Spain
Calahorra	Andalucía - Spain
Torta del Casar	Extremadura - Spain
Valle de la Serena	Extremadura - Spain
Serrat	Catalonia - Spain
Pecorino	Italy
Bianco Sardo di Moliterno	Sardinia - Italy
Giglio Sardo	Sardinia - Italy

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Flixer	Switzerland
Kefalotyri	Greece / Cyprus
Ossau-Iraty	Pyrenees - France
Abbaye de Bellocq	Pyrenees - France
Etorki	Pays Basque - France